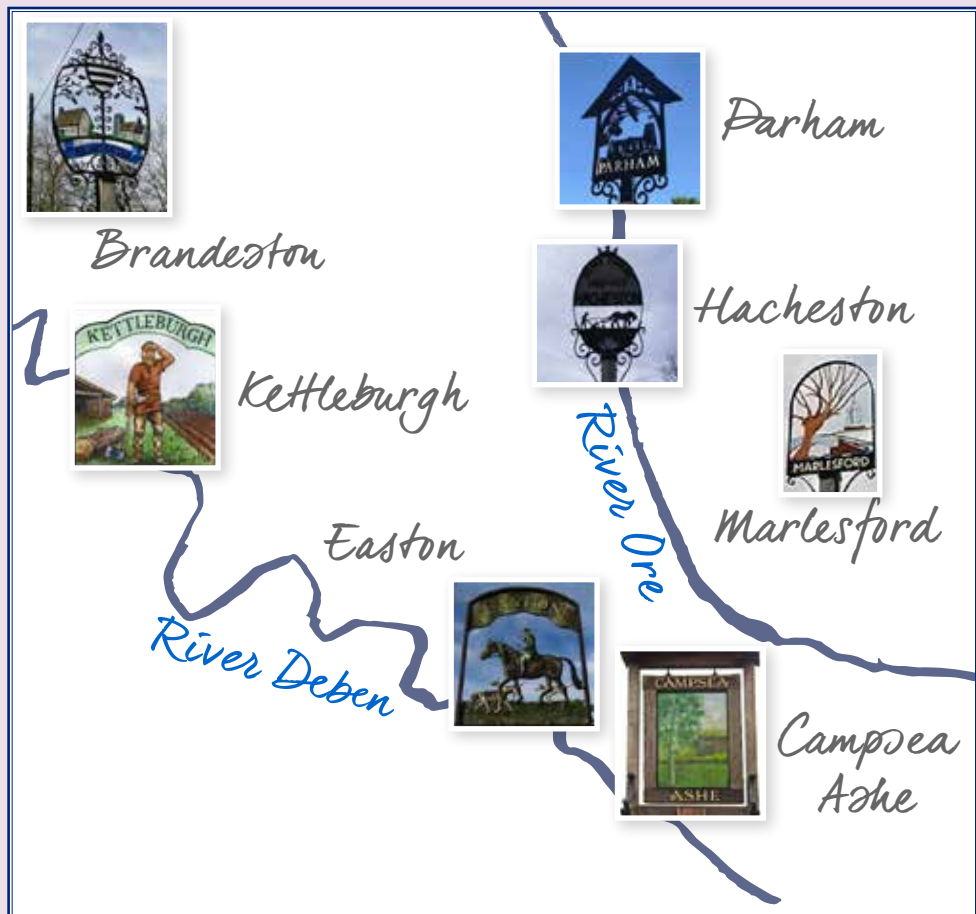


# A SLICE OF SUFFOLK



A magazine for the Orebeck Benefice  
in the Deben and Ore valleys:  
Sharing news of local people and community events.

**OCTOBER 2022 - Number 4**

## Who's Who ...

### LAY READERS:

Martin Crane 07824835493

### ELDERS:

Mary Baker 01728 685807

Jackie Clark 01728 723623

Jane Woodbury-Eggs 01728

746667

John Bradfield 01728

724481

Carol Cooke 01728 747625

Jane Slade 01728 723707

### CHURCHWARDENS :

#### Brandeston (All Saints )

Mary Baker 01728 685807

Chris McArthur 01473 737553

#### Kettleburgh (St. Andrews)

John Bater 01728 723532

#### Easton (All Saints)

Jane Woodbury-Eggs 01728 746667

#### Easton magazine editor:

Clare Owen 01728 745015

#### Parham (St Marys)

Adam Paul 01728 723760

John Bradfield 01728 724481

#### Marlesford (St Andrews)

Lord Marlesford

Nan Waterfall 01728 747038

#### Campsea Ashe (St John the Baptist)

Glenys Fear 01728 747177

### ORGANIST:

Graeme Hall 01728 746371

#### Hacheston (All Saints)

### TOWER CAPTAINS:

**CA** Glenys Fear 01728 747177

**P** Jos Slade 01728 723707

**B** Chris McArthur 01473 737553

## A word from the Bishop of Dunwich

**Dear All**

**Harvest**

Time for some old favourite hymns at Harvest time – *We plough the fields and scatter* for instance – and that classic *All things bright and beautiful*.

But I wonder whether, despite the familiarity of such hymns, people singing it come anywhere close to hearing their messages. For instance, do we take the hint of the words in *All things Bright and Beautiful* to pause to consider how gazing upon our world can change the quality of our experience, our consciousness, our outlook? I am looking out of the window in a hassled and anxious state of mind, blind to my surroundings, brooding on too much to do or some other burden (imagine one for yourself, a sore throat, a wound to one's prestige, whatever). Then suddenly I observe the colours outside, lit by the fading sunlight of dusk...in a moment everything is altered. The brooding self with all its burden disappears for a time. There is nothing now but that array of colour and atmosphere. And when I drag myself back to my preoccupation, they seem somehow less important. And of course, they are less important. This is something we can do deliberately; give attention to creation in order to clear our minds of self-obsessed cares. But it seems even more purifying when it just happens, when we take a self-forgetful pleasure in the strange and beautiful existence of that which is around us. It can be transfiguring. And what we pay attention to shapes us more than we usually think.

The findings of a large-scale study on stress published & flagged by the BBC a while back suggested that brooding too much on negative events is the biggest predictor of depression and anxiety and determines the level of stress people experience. The research even suggests a person's psychological response is a more important factor than what has actually happened to them. Equally well then, the effects of being taken out of our-selves by that which is lovely can be transformative positively.



## **A word from the Bishop of Dunwich** continued ...

Harvest is that time of the year when we really pause to pay attention to the world around us, grateful to that which not only physically sustains us but which 'sings' to us. In St Paul's words, "Finally beloved, whatever is true, whatever is honourable,. Whatever is just, whatever is pure, whatever is pleasing whatever is commendable, if there is any excellence, and if there is anything worthy of praise, think about these things" Phil 4.8.

Sound advice, indeed, you could say 'bright and beautiful'.

*Mike Harrison*, Bishop of Dunwich  
Bishop's Office, Diocese of St Edmundsbury and Ipswich



## **Pastoral care during the vacancy**

If you need to talk to someone about a pastoral issue over the coming months please contact either:

The Rev'd Canon Deirdre Parmenter

01728 748145

[deirdreparmenter@gmail.com](mailto:deirdreparmenter@gmail.com) or

The Rural Dean, the Rev'd Chris Davey

01728 723454

[framlinghamrectory@btinternet.com](mailto:framlinghamrectory@btinternet.com)

# Why Belong To Church?

Many people are struggling to connect with church today following the pandemic. However, we should *'not give up meeting together, as some are in the habit of doing'* (Hebrews 10:25). The church is not simply a building or services, but a shared friendship with Jesus, as the New Testament makes clear.

## 1. The Family of God

The church is a community united by their love for God and readiness to sharing this love with others: *'a people belonging to God, that you may declare the praises of Him who called you out of darkness into His wonderful light'* (1 Peter 2:9). It is in the life of the church that people can connect with God's love.

## 2. The Body of Christ

The church is also Christ's body on earth, *'The body is a unit, though it is made up of many parts; and though all its parts are many, they form one body. So it is with Christ'* (1 Cor 12:12). We all have a unique contribution to make, using our different gifts, experience and passion. However, beware of those attitudes that stop us representing Christ: *inferiority ('I have nothing to offer')* or *superiority ('I don't need you')*.

## 3. A Holy Temple

In the Old Testament the temple, was God's home on earth; now the church has become His home: *'In Him the whole building is joined together ... in Him you too are being built together to become a dwelling in which God lives by his Spirit.'* (Ephesians 1: 21,22). Church is a place where people can be loved, accepted and welcomed home. Is this our experience of church and what changes would make it more as God intends?

***'The local church is the hope of the world'***



## Church Services for October

2 <sup>nd</sup>	Trinity 16	9.30am	Benefice Holy Communion	Brandeston
		4pm	Taize	Brandeston
9 <sup>th</sup>	Trinity 17	9.30am	Morning Prayer	Campsea Ashe
		11am	Harvest	Easton
		11am	Morning Worship	Hacheston
		11am	Harvest	Parham
		6.30pm	Evening Prayer	Marlesford
16 <sup>th</sup>	Trinity 18	9.30am	Zoom Morning Service	
		9.30am	Holy Communion	Marlesford
		11am	Morning Worship	Kettleburgh
		6.00pm	Evensong	Parham
23 <sup>rd</sup>	Trinity 19	9.30am	Morning Worship	Brandeston
		11am	Holy Communion	Easton
		11am	Morning Worship	Hacheston
		6.30pm	Evening Prayer	Kettleburgh
30 <sup>th</sup>	4 <sup>th</sup> Sunday before Advent	9.30am	The Bishop's Chaplain, Rev. Michael Robinson Refreshments afterwards	Campsea Ashe

For an invitation to our Zoom services contact Bill  
[bill78@btinternet.com](mailto:bill78@btinternet.com)

Compline is said at Marlesford every Wednesday at 5pm

Friday Prayers are at Brandeston at 4pm

### Taizé Worship in Loes Deanery

Sundays 2<sup>nd</sup> October &  
6<sup>th</sup> November at 4.00pm

All Saints Church, Brandeston

A service of Taizé chants, readings,  
music and quiet contemplation.

Contact: [rev.gourlay@gmail.com](mailto:rev.gourlay@gmail.com)



## Church Rotas

### All Saints, Brandeston Church Cleaning Rota

Helen Fletcher / Karren Piper	9th October
Ruth Garratt / Mary Baker	23rd October
Sue and Barry Flack	6 <sup>th</sup> November
Maida Campbell Liz Cobbold	20 <sup>th</sup> November

**Saturday 9<sup>th</sup> October at 10:00am ALL SAINTS CHURCH BIG CLEAN**

**Please join us for a 'team clean' – ALL welcome (it shouldn't take long if we have plenty of volunteers)** Refreshments provided. Yummy!

The church has had regular cleaning during the last year, but it would benefit from a session when we do some extra jobs. The date for the big clean this year is on 9<sup>th</sup> October. As always, if you know of anyone who would be willing to volunteer an hour of their time about once every 8 weeks, we would love to hear from them – they don't need to be church goers! [Kelly Jeffery \(01728\) 685117](mailto:kelly.jeffery@101728.com)

### St Andrews Church, Kettleburgh

Thank you to those who look after St Andrew's church.

	Cleaning	Flowers
October	Jackie & Bill Clark	Shelley Eaton
November	Fay Clarke	Fay Clarke

### St Mary's Church, Parham and All Saints, Hacheston Flower Rotas

Flowers	Parham
1/10 & 8/10	Harvest
15 & 22/10	Annette Gray
29/10	Sheila Winton
5/11	Sheila Winton
12/11	Myrle Gray
19/11	Myrle Gray
26/11	No Flowers

Flowers	Hacheston
2/10, 9/10, 16/10, 23/10, 30/10	Angela Hurlock
6/11, 13/11, 20/11, 27/11 (Advent)	Hazel Woodard

# Brandeston



## BRANDESTON VILLAGE FETE 2022

The fete was opened by Sue Thurlow, a request made to honour the years - indeed decades - of sterling work she has undertaken on behalf of the village. It was held in sunshine on a beautiful afternoon, and it seems a jolly good time was had by one and all.

All the volunteers worked hard and cheerfully, from those erecting the tents and gazebos to those setting out and running the stalls, those whose role was to check all the details and ensure we ran an organised event at a safe venue and those who afterwards dismantled tents and cleared the site. It takes a large team to create a successful fete and we are most fortunate to have not only the stalwarts but newcomers to contribute to that effort and success. Well done - you know who you all are!

Of particular note this year was the dog show, the brainchild of one man, who ran it with the assistance of two others who know something about dogs. This year it was free entry, but it was invaluable in helping to create the jolly atmosphere and draw in people. Rosettes were awarded and proudly shown by each dog's human companion throughout the fete grounds.

Also of particular note was the excellent games tent and compound, where so much thought and planning had gone in to ensure that this became both a draw to youngsters, and not a few adults, and provided a constant stream of happy punters.

But each stall was excellent in its own way, and benefitted from the generous donations given, all set out smartly, artistically and temptingly.

And thanks, of course, to everyone who came and supported the fete on the afternoon.

The fete did what it should; it brought together our community for a jolly good afternoon all round and with the benefit of raising funds for the village hall and for the church, a grand total of £2,261.51 to be exact.



**Brandeston Harvest Horkey – Saturday 15th October 7.00 for 7.30pm. £5 per head for a 2 course supper. Bar opens at 7.00. Please contact Mary Baker to book a place. Tel: 01728 685807 or**

**email: [marybaker555@hotmail.co.uk](mailto:marybaker555@hotmail.co.uk)**



# Brandeston



## Brandeston Seeking a Parish Clerk

**Salary:** Appropriate salary depending on qualifications and experience, starting from £10.21 to £15 per hour (plus mileage & expenses)

Vacancy Details: Parish Clerk and Responsible Financial Officer

**Hours:** 5 hours per week

The successful applicant will be responsible for the administration of the parish council. The role involves: Advising and working with Councillors, supporting Council meetings and implementing Council decisions; basic accounting, administrative experience, with a good working knowledge of Microsoft Office applications including Word and Excel.

The Parish Clerk will be offered training to support this role and must be able to attend evening meetings of the parish council (monthly meetings). (No previous parish clerk experience is required however, suitable applicants must have time to undertake the training and learning required. It is quite usual to be a clerk for 3 or 4 parishes.)

To apply: Please forward your CV to the Chair, with a covering letter.

[email: Rachel.summers1@btinternet.com](mailto:Rachel.summers1@btinternet.com)

All applications will be treated confidentially

## Brandeston Film Club, Brandeston Village Hall.

We were so sorry that our film night on Friday 9<sup>th</sup> September was cancelled, and we hope you all understand the reasons behind this. 'The Duke' will now be rescheduled for Friday 9<sup>th</sup> December, when we hope to have a more celebratory feel to the proceedings. Please look out for updates. There is no need to book, so please come along for an enjoyable night out.

Our next film **Operation Mincemeat** will be shown at **19.00 hrs.** on

**Friday 14<sup>th</sup> October 2022**, the programme will commence at 19.30 hrs. Synopsis of Film: The remarkable true story of the elaborate plot cooked up by British intelligence in 1943 to fool Nazi Germany into thinking the allies planned to invade Greece and Sardinia, rather than their actual target, Sicily. The corpse of a tramp was invested with a fake identity, and then dumped off the coast of Spain carrying the plans for the supposed invasion. Starring Colin Firth and Matthew Macfadyen as Montagu and Cholmondeley, the architects of the plot. With Penelope Wilton and Kelly Macdonald, and Johnny Flynn as Ian Fleming.

"A quality cast tackle the script's various twists and turns with aplomb."  
The Guardian Chris McArthur, 07887 825008

# Brandeston



**SAY YES TO  
SECOND HAND**

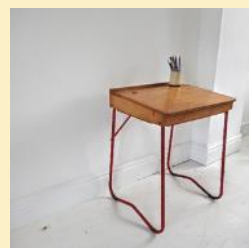
By Samantha Simpson  
@no1eastlane

**#secondhandseptember** was launched by Oxfam in 2019 to inspire people to shop in a more responsible way that is kinder to people and the planet. With both climate change and the cost of living crisis, there has never been a better time to act and revolutionise the way you shop.

After oil, the \$3trillion fashion industry is the second largest industrial polluter in the world. Accounting for 10% of global emissions, ranking higher than air travel. Guilty of the depletion of renewable sources, green-house gas emissions and wasting massive amounts of energy and water, nearly 20% of worldwide water waste.

For us at **Tow House, Brandeston**, it's a conscious lifestyle choice. Our home & wardrobes are almost entirely made up of mid-century, reclamation and vintage finds. Ok, we buy new pants but pretty much everything else is second hand - that's how I started our mid-century vintage business **@no1eastlane**.

There's never been a better time to change the way you shop. Even if you have missed September, try to do it in October, see what you find and let me know.



# Kettleburgh



Can You spare an hour or so on  
**Saturday Morning**  
**1st October**  
from 10am



to help with a

## **TIDY AT** **KETTLEBURGH** **CHURCHYARD**

*Bring some tools  
& a Picnic Lunch*



### **KETTLEBURGH COFFEE MORNINGS**

**10:30 -12 noon 1st Fridays**



# Kettleburgh



## **MORE MEMORIES OF MERTON FARM, DALLINGHOO**

Orchard Cottage in Dallinghoo where my aunt and uncle lived, was surrounded by a vegetable garden with Hollyhocks growing between the stones nearly blocking the front door, but it didn't matter as it wasn't used much, only to get auntie's posh maroon bicycle out ( it was too good to keep in the shed.) Out the back was a very large pig, ready for the butcher. We had to save the wee from the chamber pots to rub on its back to stop it getting sunburnt! Then there was an orchard after which the house was named and beyond that the dairy farm. The Risk family ran the dairy farm in Brandeston. One very snowy winter when all the roads were blocked and the milk tanker couldn't get through, all the villagers flocked to the farm to buy milk, any left over was poured down the drain. Later the farm sold raw milk straight from the dairy and eggs and seasonal sprouts by the roadside. Happy memories.

**Pat Peck**

## **KETTLEBURGH QUIZ NIGHT**



**We look forward to welcoming you to our Kettleburgh Village Quiz on Friday 11th November at 7:30pm in the village hall.**

**Tables of four with supper included for £10. Proceeds to St Andrew's Church. There will be a bar, a raffle and of course reverse bingo.**

**To reserve your table, contact: Jackie Clark - [jwc51@btinternet.com](mailto:jwc51@btinternet.com) / Tel: 01728 723623**

# Easton



Easton is holding its Harvest Service on Sunday 9th October at 11.00 am, followed by lunch in the Village Hall.

## Suffolk Wildlife Trust, Woodbridge Wildlife Group

### CAN RE-WILDING SAVE OUR WILDLIFE?



**Suffolk**  
Wildlife Trust

Climate change takes centre stage when Professor Peter Hobson, Professor of Biodiversity, Conservation and Sustainability at Writtle University College gives a talk at Woodbridge Community Hall on Thursday 20 October 2022 at 7.30 pm.

The talk has been organised jointly by Suffolk Wildlife Trust, Woodbridge Wildlife Group and the Suffolk Bird Group. Chairman of Suffolk Wildlife Trust's Woodbridge Wildlife Group, Phil Smith, said "We are pleased to join with the Suffolk Bird Group to present what is sure to be an interesting and challenging evening. All are welcome to come along and hear Professor Hobson, who is an eloquent and knowledgeable speaker."

Chris Courtney, SBG Chairman said "After a very successful first joint event last autumn, we look forward to another fascinating talk and for more enjoyable discussion between our respective members."

There is no need to book for this talk, entry is £3 for adults, with under 25's free. Doors open at 7 pm, with the talk starting at 7.30 pm. Light refreshments will be served and there will be a raffle. "

For further information please contact [swtwoodbridge@outlook.com](mailto:swtwoodbridge@outlook.com) or telephone 01473 625630.

# Parham



## Parham Village Hall

If you'd like to book our main hall, meeting room or games room, please contact Ellie on [parhamhallbookings@gmail.com](mailto:parhamhallbookings@gmail.com) or 07794069233 for more information.



## WHAT'S ON

### Mondays

**Framlingham  
Spinners &  
Weavers**

10:00-12:00

Contact: Joy Porter -  
[jkporterowl@gmail.com](mailto:jkporterowl@gmail.com)

### Tuesdays

**Powerhoop**

10:00 – 11:00

Contact: Eleanor Sharatt -  
0776299297 or  
[eliewri24@hotmail.co.uk](mailto:eliewri24@hotmail.co.uk)

**Table Tennis**

19:30 – 21:30 (every  
other Tuesday)

Contact: Terry Mee -  
[terrymee@suffolkonline.net](mailto:terrymee@suffolkonline.net)

### Thursdays

**Powerhoop**

18:30 – 19:30

Contact: Eleanor Sharatt -  
0776299297 or  
[eliewri24@hotmail.co.uk](mailto:eliewri24@hotmail.co.uk)

## FACILITIES



Did you know Parham Village Hall is home to 2 full size snooker tables?

The Village Hall has everything you need to enjoy a game of snooker.

To book, please contact  
[parhamhallbookings@gmail.com](mailto:parhamhallbookings@gmail.com)  
or  
07794069233

Thank you to everyone who attended our 'End of Summer Sort Out' - your help was very much appreciated!

# Parham



## **PARHAM HARVEST FESTIVAL**



Sunday 9<sup>th</sup> October at  
11.00am.

Followed by a Bring and Share Lunch in the  
Church.

(Hot drinks provided)

All are very welcome.

Donations of dry grocery goods for the Food Bank will  
be thankfully received.

**Ringers of all standards and newcomers are welcome.**

**Parham:** Jos Slade the Bell Tower Captain runs practices at Parham, on Tuesday evenings. Tel: 723707

**Brandeston:** Christopher McArthur - Tower Captain Tel: 07887 825008

**Kettleburgh:** Persephone Booth – Tower Captain Tel: 01728 723502

We both have had safeguarding training in respect of these matters, and I have been certified as a competent teacher.

**Campsea Ashe:** Saturdays from 9.30 to 10.45 with Bell Tower Captain Glenys Fear Tel: 747177



# Hacheston



**Hacheston Village Hall is open for hiring.**

## **Booking Clerk**

Meryem Siemmond [hachestonvillagehall@yahoo.com](mailto:hachestonvillagehall@yahoo.com) 07772 354492

## **Regular classes:**

### **Mondays**

9.30-11.30 **Toddler Group** Sandra Poacher [sandrapoacher@hotmail.co.uk](mailto:sandrapoacher@hotmail.co.uk)

6.00 -7.30 **Yoga** Jo Ogden-King [joking@hotmail.com](mailto:joking@hotmail.com) 07855 755982

### **Tuesdays**

8.30 – 3.30 **NHS Cardio Rehab**

4.45 – 8.15 **Ballet.** Anna admin@arschoolof [dance.com](http://dance.com) 07740 769742

### **Wednesdays**

10.30-11.30am **Yoga** – Debbie Fogg [debsfogg@btinternet.com](mailto:debsfogg@btinternet.com) 07906346545

2.00 – 2.45; 4.30 – 7.45 **Ballet.** Anna admin@arschoolof [dance.com](http://dance.com) 07740 769742

### **Thursdays**

10.00 – 12.00 **Art Club.** Lorna Edwards [lornaed@hotmail.com](mailto:lornaed@hotmail.com)

4.45 – 8.15 **Karate.** Elizabeth Arvanitidou [earvan120@gmail.com](mailto:earvan120@gmail.com) 07495 608475

### **Fridays**

8.30 – 1.00 **Cardio rehab** with Jon Regester [info@jonregester.co.uk](mailto:info@jonregester.co.uk)

4.30—6.00pm **Ballet.** Anna admin@arschoolof [dance.com](http://dance.com) 07740 769742





# Hacheston



## All Saints, Hacheston News

Her Majesty is lying in state in Westminster as I write this, I do hope anyone who wanted to has been into the church to share their memories in the Village Book of Condolences. At this point I need to thank Ollie, Frambroadband, who so kindly offered to raise the union flag to half mast on 8<sup>th</sup> September. A task I would never have been able to do myself! He also raised it for the Accession of King Charles III and lowered it again. Thus, a new era begins. This momentous occasion rather overshadowed the Ride and Stride on Saturday 10<sup>th</sup> this year. We only had 6 visitors to All Saints all day but I'm glad we participated.

Our church services for **October are both at 11am on Sunday 9<sup>th</sup> and 23<sup>rd</sup>** for Morning Worship. Whilst we are in a vacancy these services are led by one of the Orebeck elders and are short, comfortable and refreshing. Do join us. Remember your church is always open. We have a visit from a U3A group calling themselves "church crawlers" on the morning of Friday 21<sup>st</sup>

Following my request for support with churchyard maintenance a few kind people have offered their help and we've had one session already. The roadside hedge will be cut by a contractor. Thankyou.

**Kaye Dawe: 07510 612672 or 01473 620353**



# Marlesford



## MARLESFORD FETE REPORT



After a break of three years we held our Fete on 3<sup>rd</sup> September at the Firs, and our thanks go to Lesley and Paul Bensley for their kind invitation to use their gardens. It proved to be a perfect setting for a village gathering.

Despite the threat of thunderstorms earlier in the week, on the day the weather was very warm and sunny. There were all the traditional stalls and good crowds supported them, many staying all afternoon to soak up the atmosphere. Once everything is totted up it looks as if we have raised in excess of £1,500.

This is an excellent result but can only be a success with the army of willing helpers, before the day moving tables and chairs and setting up the stalls. Running those stalls on the day and then dismantling and moving everything away from the garden. Our grateful thanks go to all who helped.

### Marlesford Bakers

The next cake sale in church is

**Saturday October 15<sup>th</sup>  
from 11.00 – 12.00.**

As usual we shall provide the opportunity to host a coffee morning as a fundraiser for a charity. So, if you would like to suggest your choice of charity and run the stall, please get in touch with either Carol or Nan. As usual we shall provide tea, coffee and cake, so all you need to bring is water!



### *Community Café*

*at*

*Marlesford Community  
Centre*

*Every Thursday morning  
10-12*



*Please come along for tea,  
coffee, and homemade cakes!  
Everyone welcome!*

# Marlesford



## MUSIC@MARLESFORD

October 22<sup>nd</sup> 7.00pm

St. Andrew's church

An evening of romantic cello and piano music

performed by **Anita Strevens** and **Andrew Quartermain**

Tickets £10 Adult, £4 under 16s, including a glass of wine

Tickets: [nanwaterfall@gmail.com](mailto:nanwaterfall@gmail.com) or tel 01728 747038



## Thank you

A thank you to **Jason Catling** who joined in the Suffolk Historic Churches cycle ride on September 3<sup>rd</sup> on behalf of St Andrew's and raised £55. It will be divided between church and the organisation, which gives grants to churches for projects they are undertaking. Jason is a stalwart who cycles every year for us, and we are very grateful to him for his commitment. Jason also strims the village verges, and joins in the churchyard maintenance and is a quiet but steady contributor to village life.



# Marlesford



## A CHANCE TO CELEBRATE CHRISTMAS AT THE ROYAL ALBERT HALL

We have been donated the following tickets which are fantastic opportunities to soak up some Christmas magic:

**Tuesday 6<sup>th</sup> December at 3.00pm**

**Two tickets for John Rutter's Christmas Celebration (worth £58.14 each)**

**Sunday 18<sup>th</sup> December at 11.00am**

**Two tickets for Carols at the Hall (worth £62.33 each)**

The Auction for these will run from 1<sup>st</sup> October, with a closing date of 24<sup>th</sup> November.

Contact Julie at Well Cottage, e-mail [Julie.barham1@btinternet.com](mailto:Julie.barham1@btinternet.com), or phone her on 01728 747523 with your offer (please specify which date you are bidding for). The winners will be notified after 24<sup>th</sup> November with details of how to pay.

The donor of these tickets wishes all profit to go to  
Marlesford St. Andrews.



# Campsea Ashe



## **The Fun Palace makes a return to Campsea Ashe**

A Fun Palace which is a mixture of environment, art and science activities will be held in Campsea Ashe village hall on

**Saturday 1st October from 2pm to 5pm.**

It's a family thing, if you are wondering what a fun palace is, and the activities will be free. Last year we built a huge bug hotel, made critters from wool and sugar paste, and painted rocks. Different activities will be available this year. For more info email [haywardkate25@gmail.com](mailto:haywardkate25@gmail.com)

(If you want a fun palace logo you can go to [funpalaces.co.uk](http://funpalaces.co.uk) and they are in the toolkit section.)



# Campsea Ashe



## Wild About Campsea Community Garden

We are a group of nature enthusiasts who are encouraging village residents to devote a minimum of 20% of their gardens to wildlife-friendly features such as planting for pollinators, log piles, ponds etc. We also help to look after public open spaces in the parish such as a wild-space at the west end of the village where nightingales nest, together with the church yard at the east end which is a haven for wild flowers and insects.

Working with the Parish Council and the Village Hall Committee we have sourced funding of £2000 from Councillor Poulter's Community Enabling Budget and £4900 from East Suffolk Council's Mental Health Booster Fund to create the start of a community garden on the village recreation ground. Over the spring and summer we constructed raised beds and hurriedly planted our first crop of vegetables and herbs, then built a cabin to serve as a workshop and classroom for young and old to share their knowledge and skills. The winter period will see tree and shrub planting around the perimeter of the recreation ground (saplings supplied by the Woodland Trust) so that in time we develop a "food forest" for birds and human foragers to share as well as some willow planting to supply craft materials. We're also busy collecting seeds and seedlings for future plantings.



# Campsea Ashe



## Wild About Campsea Community Garden continued ...

The objectives of the community garden are to demonstrate wildlife-friendly gardening techniques and to grow food for the village community to share. The cabin will also be available for use by any local group who wish to support our aims to promote biodiversity, enhance community resilience and support a holistic approach to health and wellbeing among residents. We would welcome more volunteers and would love to share our enthusiasm for nature and gardening with anyone of any age who would like to join us, and with other organisations who would like to work alongside us. For enquiries or offers of help, please contact Peter Marett on 07976 047164 or email [peter.marett@hotmail.co.uk](mailto:peter.marett@hotmail.co.uk).



## **BRICK KILN ACCOMMODATION**

Brick Kiln, Campsea Ashe, Suffolk. IP13 0QL

For full details and booking, see our website [www.brickkilnfarmsuffolk.co.uk](http://www.brickkilnfarmsuffolk.co.uk)

A warm welcome awaits you at Brick Kiln Farm Accommodation, (**18+ only**) with the choice of Self-Catering and/Camping or a combination of both! Quiet, country location with a 10-minute walk across the fields to the village; Campsea Ashe Shop and The Duck Pub.

Easy access to A12 and Wickham Market Railway Station

### **SELF-CATERING (18+)**

**Open All Year Round**

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## **Suffolk Historic Churches Trust Ride and Stride.**

It's far too soon to know the numbers who took part or obviously the amount of money raised, but two people from Campsea Ashe very much enjoyed visiting SIXTEEN churches in Ipswich on the day, all by foot. It's not too late to sponsor them. Well done to Debbie and Hannah.







DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

Summer is without a doubt my favourite season, not least of all because it means that I can spend more time at my home in Suffolk and enjoying all that we love about this great county. From the swathes of farmland, open skies and vibrant market towns to the local produce markets, village fetes and independent retailers, I particularly relish the opportunity to get out and about meeting so many of you and supporting our local businesses, community events and local food producers. So much work goes into the many school and community fetes that take place through the summer months, with community volunteers working tirelessly behind the scenes to bring everything to fruition. Thank you for all that you do to make our villages and communities so special.

But as we now look towards the start of the new school term, for those starting school for the very first time, these are exciting and nerve-wracking times; not only for children but also for their proud parents and grandparents, many of whom I'm sure will be eagerly taking first day photographs of the smart new school uniforms and waving children off at the school gates, determined to put on a brave face.

For those moving up to secondary school, although daunting, this marks an exciting new chapter with greater independence and a whole raft of new activities and subjects to study, alongside existing friends and perhaps some new faces too. Regardless of age, it's helpful to remember that everyone suffers from the same first day nerves – pupils, parents and teachers alike, but this is only natural and it's ok to ask for help or guidance if needed. Remember – we've all been there.

I am delighted to see that once again, so many achieved excellent grades as Suffolk's outgoing GCSE, A level and vocational students celebrated their recent results. These fantastic results are testament to the sheer hard work and dedication shown not only by pupils but backed up by the help and encouragement of teachers and parents. I would like to offer my congratulations to all those involved and wish you all the very best with the next steps in your education or workplace journeys.....



## DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

Continued ...

For MPs, the end of the school summer holiday period also marks the return to Parliament following summer recess. So whilst I have very much enjoyed spending more time at home here in Suffolk over the summer, I'm also pleased to be back to business representing the people of Central Suffolk and North Ipswich in Westminster.

That said, the people who live and work in Central Suffolk and North Ipswich always remain my principal focus, so do please get in touch with me if you need my help or contact my office if you would like to book an appointment at one of my regular advice bureaux.

For more information, please visit my website

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# Community Information



## Suffolk Mobile Library Service in our Community

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Route 2 - Every 4 weeks on a Wednesday		
Stops	Time	Date
2H Parham Notice board	14:45 - 15:00	Oct 12 <sup>th</sup> Nov 9 <sup>th</sup> Dec 7 <sup>th</sup>
2 I Parham Northern Green	15:05 - 15:30	
Route 6- Every 4 weeks on a Wednesday		
6D Campsea Ashe Station	11:00 - 11:45	Oct 19 <sup>th</sup> Nov 16 <sup>th</sup> Dec 14 <sup>th</sup>
6E Hacheston Village Hall	11:45 -12:10	
6F Easton Farm Park	12:25 -12:45	
6H Marlesford Post Box	14:25 - 14:45	
Route 7 - Every 4 weeks on a Thursday		
7I Brandeston The Queen Pub	14:50 - 15:10	Oct 20 <sup>th</sup> Nov 17 <sup>th</sup> Dec 15 <sup>th</sup>
7J Kettleburgh Church Road	15:15 - 15:30	



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<b>Eighth page</b>	<b>£4</b>	<b>£11</b>	<b>£20</b>	<b>£35</b>
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<b>Half page</b>	<b>£16</b>	<b>£40</b>	<b>£75</b>	<b>£140</b>

**Deadline date for November magazine is 25th of October**

If you have an article for the magazine, please send to it to me by email: [janebaldwin325@gmail.com](mailto:janebaldwin325@gmail.com) Thank you.



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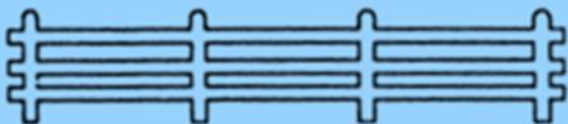
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