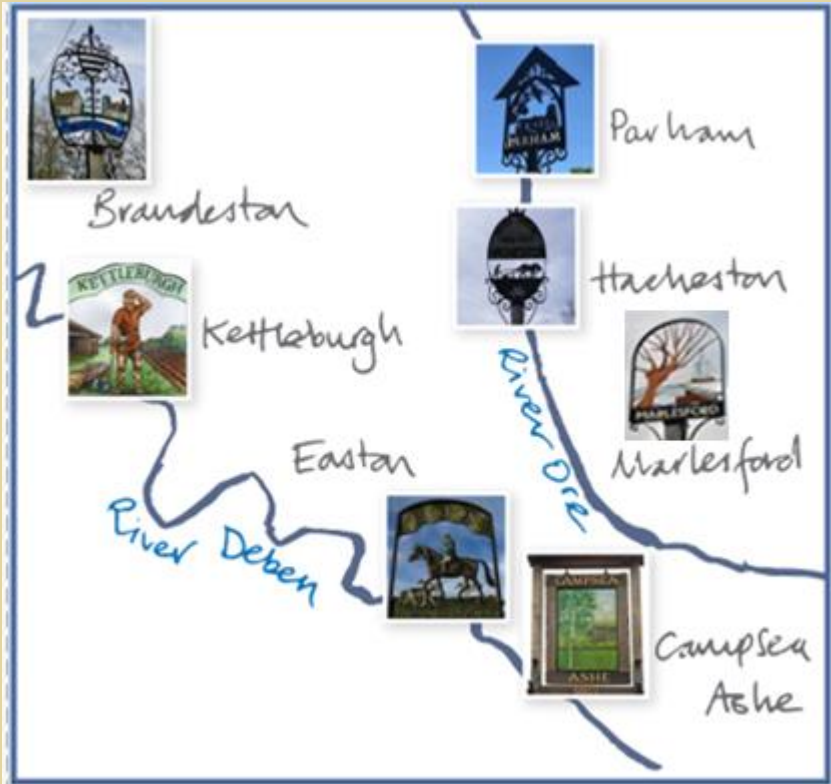


A SLICE OF SUFFOLK



**A magazine for the Orebeck Benefice
in the Deben and Ore valleys:
Sharing news of local people
and community events.**

SEPTEMBER 2023 - Number 14

60p a copy

Who's Who

PRIEST-IN-CHARGE

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Jackie Clark 01728 723623

Jane Woodbury-Eggins 01728 746667

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Kettleburgh (St. Andrews)

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Hacheston

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P

Jos Slade 01728 723707

B

Chris McArthur 01473 737553

SAFEGUARDING OFFICER:

Lesley Bensley 07901882464

lesleybensley@gmail.com

A word for the Orebeck Benefice



Ann Kember is licenced as the new Reverend for the Orebeck Benefice.

Ann was licensed by Bishop Mike at Brandeston on 26th July at 7.30. It was a very special service in a full church. We welcome Ann and her husband Mick to our benefice. Ann has already conducted several really enjoyable services in our churches and we are very much looking forward to working with her.

Contacting Rev'd Ann

Rev'd Ann's appointment is on a 0.5 basis, and her normal working days will be Saturday, Sunday, Monday and Tuesday. Outside of those days please leave an answerphone message or email which she will attend to as soon as possible. If there is an emergency then please contact one of the Benefice Elders or Churchwardens who will be able to contact her.

Orebeck Benefice Joint PCC Meeting

There will be a Joint PCC Meeting for all PCC members of our seven parishes on Tuesday 17th October at 7pm in Kettleburgh Village Hall.

Limited parking is available at the hall, please car share if possible.

Church Services for September 2023

3 rd	Trinity 13	10am	Benefice Holy Communion	Parham
10 th	Trinity 14	9.30am	Morning Worship	Brandeston
		11am	Harvest	Campsea Ashe
			Harvest and Lunch	Easton
			Holy Communion	Parham
		6.30pm	Evening Prayer	Marlesford
17 th	Trinity 15	9.30am	Holy Communion	Marlesford
			Zoom Service	
		11am	Morning Worship	Kettleburgh
			Morning Prayer	Parham
24 th	Trinity 16	9.30am	Holy Communion	Campsea Ashe
		11.00	Harvest and Picnic	Brandeston
			Holy Communion	Easton
			Harvest	Marlesford
			Holy Communion	Hacheston
		5.30pm	Harvest and Supper	Kettleburgh

Benefice Holy Communion on Sunday, September 3rd, 10.00 at Parham

Monday Prayers are at Brandeston at 4pm
Compline is said at Marlesford every Wednesday at 5pm





WANTED!

YOUR MAGAZINE NEEDS YOU

We need a new editor for our benefice magazine. Nan Waterfall is going to take on the job on a strictly temporary basis until December, so we need someone to step in soon.

You will need:

- An ability to use Publisher, if using Word, or another similar programme/app.
- A day a month spare to set up the magazine.
- To liaise with our printers (PFP PRINT, who are very helpful)

If we do not find a willing volunteer, then sadly the benefice magazine will cease to exist.

For information, please contact Nan on:

01728 747038 or nanwaterfall@gmail.com



Historic Churches trust

Bike ride

Saturday 9th September

If you would like to take part in the bike ride please help yourself to a sponsor form from the church (or ring me and I will drop one in), or you can organise fund-raising via **just giving** which I think is probably easier.

If you would like to join us on a tour of some local churches you are very welcome and we can go as a group, we will meet at 9 am at Parham church

Hope to see you there!

Linda Gray 01728 724537 / 07539494360

lc.gray@hotmail.co.uk

Brandeston



Brandeston All Saints Church Cleaning Rota

Lydia	3rd September
Helen & Karren	17th September
Ruth & Mary	1st October
Roz & Janet	15th October
Maida & Liz	29th October

Brandeston



BRANDESTON FILM CLUB

Dear film club member

We hope you have had an enjoyable summer and thanks to those who helped or came to our Matinee performance of Matilda the Musical last month. We didn't get a huge audience, but those who came really enjoyed all the fun. Many thanks to all that donated to Children in Need. We have also postponed our showing of Britten's Aldeburgh with Miles Biggs, as we haven't had a good response to pre-tickets. We will revisit next year and hope to show this local filmmaker's works.

BFC -Doors open at 7.00 p.m. film starts at 7.30 p.m. every month 2nd Friday of the month.

Next film will be Local Hero, starring Burt Lancaster, set in Scotland will be on Friday 8th September.

Contact rm305ster@gmail.com for further information.
Best wishes

Christopher McArthur 07887 825008, Roz McKenzie
07910979781, Steve Western and Michael Cousens



Brandeston



BRANDESTON VILLAGE FETE



SATURDAY 16th SEPTEMBER 2023

2 - 5pm

BRANDESTON VILLAGE HALL

Teas-BBQ-Brocante-Boutique-Plants-Pickles&Jam-Games

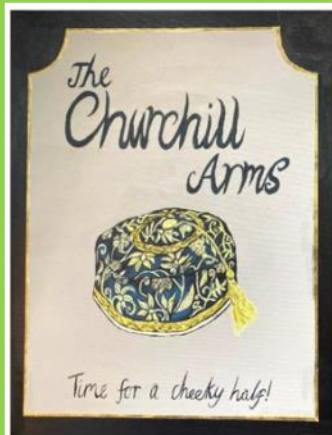
Daft Dog Show-Grand Draw-Books-Pop Up Pub

& many more stalls.



All profits are shared between Brandeston Village Hall and Brandeston All Saints Church.

Brandeston



The Churchill Arms Brandeston's Pop Up Pub

The Churchill will next open its doors at 6:00 pm on Friday, 18 August where you can meet friends, neighbours and other village residents and chat over a drink and a snack.

Depending on the weather, we will run a BBQ during the summer months with burgers and hot dogs along with vegetarian options. In recent months, we've also had a slow-cooked meat option which we serve in rolls with accompaniments.

Drinks on offer in the pop-up include a choice of at least two draft beers, various bottled beers, lagers, red, white and rosé wines, prosecco, gin, and soft drinks.

These are the planned opening dates for the next six months:

- 15 September
- 16 September - Brandeston Fete
- 20 October
- 17 November
- 22 December

The Churchill Arms welcomes children and is a Brandeston Village Hall supported event. No dogs are allowed in the village hall.

Helen Fletcher
Pat and Darryl Morgan

Kettleburgh



Kettleburgh Annual Flower and Produce Show



**Kettleburgh Village Hall
Saturday 2nd September
2.30 pm**

Teas, raffle, auction of produce

Schedules available from

C Norman, 2 Redroofs, The Street, Kettleburgh 01728 724372

T Wingfield, 37-38 The Street, Brandeston

or [Kettleburgh Village Website](#)

St Andrews Church, Kettleburgh

	Cleaning	Flowers
September	Julie and Jim Duckham	Julie Duckham
October	Jackie & Bill Clark	Shelley Eaton

Kettleburgh



Kettleburgh Village Show Saturday 2nd September 2023

After a break of three years we are delighted to be able to hold our show again. The schedule has been set and is available from myself, Pat Peck, Tracy Wingfield or to download from the Kettleburgh web-site. Below is a list of those non-gardening classes or cooking classes where advance notice is helpful. Please encourage your friends and neighbours, children, grandchildren or anyone else you know to have a go. You may enter wherever you live; the show is not just for Kettleburgh residents. Exhibits are staged on Friday evening or Saturday morning and following the judging the show opens at 2.30 in the afternoon for viewing and refreshments. A raffle, auction of produce and prize giving follow,

Classes for Children

1. Picture of a basket of fruit and veg to colour (picture available with schedule).
2. A fruit/vegetable creature.
3. "I grew it myself" – a plate of fruit/veg or vase of flowers grown by the entrant (with perhaps just a little bit of help).
4. "I made it from a paper plate" what can you make? A mask, model, collage etc.

The Photographs (no larger than A4 size)

1. My favourite tree.
2. Keeping cool.
3. The veg patch.
4. Sky.

Craft Classes-

1. A hand knitted or crocheted item.
2. A hand-made toy (any method of construction) max size 2ft x 2ft.
3. A hand-made card.



This is a fun show and new entrants are most welcome.

If you need help or advice please ask.

Claire Norman - auntclaire@btinternet.com

01728 724372

2 Redroofs, The Street, Kettleburgh

Kettleburgh



St Andrew's Church, Kettleburgh



24th September at 5.30pm

**Come along to sing Harvest Hymns
and to thank God for
His goodness to us.
Supper in the Village Hall
follows at 6.30pm**

All welcome.

Easton



We shall be giving thanks for God's provision for us and the food grown by our farmers on Sunday 10th September at 11.00 am. We shall be singing the harvest hymns, making the traditional offerings and celebrating. Do come and join us!

The service will be followed by a Bring and Share lunch in the church (instead of a meal in the Village Hall). Please bring a plate of savoury or sweet food to add to the buffet. Some drinks will be provided.

As usual we shall be collecting tinned and packet foods to give to the foodbank. Please bring them to the service, or you can leave contributions in the porch.

Ride and Stride (and wedding)

Ride and Stride takes place on Saturday 9th September. In the afternoon we shall be doing the checking in on the green to prevent the cyclists getting muddled up with the wedding!

Sunday Cafe

Hooray! Sunday Café is back on 17th September 10.00 – 11.30 am.

Discussion Group

The Discussion Group will meet on 6th September at Ash Grove, Framlingham when the topic is "feet" in the Bible. (Well, we discussed "hands" last time...). New members welcome. If you need a lift there, phone Jane on 01728 746667.

Service on Zoom

Our Zoom service is on 17th September at 9.30 am. If you would like to join our Zoom services, please register with Bill Clark so that he can send you the link (bill78@btinternet.com).

Badminton Club at Glevering Hall, Hacheston, needs new female members.

Any age welcomed on a Thursday night 19.30.

No equipment needed , 1st few weeks are free to see if you enjoy it.

Telephone [01728 746360](tel:01728746360) for more details.

Parham



Parham PC next meeting will be on Tuesday 12th September at 7.15pm in the Meeting Room of the Village Hall.

Parham Village Hall

If you'd like to book our main hall, meeting room or games room, please contact Ellie on parhamhallbookings@gmail.com or 07794069233 for more information.



WHAT'S ON

<u>Mondays</u>	<u>Tuesdays</u>	<u>Coming Soon...</u>
Framlingham Spinners & Weavers 10:00-12:00 <i>Contact: Joy Porter</i> jkporterowl@gmail.com	Powerhoop 10:00 – 11:00 <i>Contact: Eleanor Sharratt -</i> 07976299297 or eliewri24@hotmail.co.uk Table Tennis 19:30 – 21:30 (every other Tuesday) <i>Contact: Terry Mee –</i> terrymee@suffolkonline.net	Our Animal World Tuesdays An educational club based around animals and the natural world. Offering a variety of classes for children of all age groups. 07519340788 club@ouranimalworld.com

Parham Village Hall

Friday 1st September 2023

From 7:00pm

BAR NIGHT



Enjoy a night with the neighbours

- VICTORIA BITTER
- ADNAMS PROSECCO
- other alcoholic and non-alcoholic beverages available

The committee hopes to continue to open the bar on the first Friday of each month.



The Village Hall Committee would like to thank you for your generous donations to the Jumble Sale.

Your donations helped to raise over £650 for the Village Hall!

A big thank you to everyone involved!

Parham



£5
ENTRANCE FEE
INCLUDES A CUP OF TEA
AND PRICE OF CAKE

Village GARDEN Party

9TH SEPTEMBER
THE PIGHTLE, PARHAM
2PM TO 5PM

BRASS BAND | FACE PAINTING | PERFORMANCES | POTTERY, WEAVING
AND SPINNING DEMONSTRATIONS | DECORATED HAT COMPETITION
LOTS MORE ACTIVITIES TO BE ANNOUNCED

HAVE YOU VISITED PARHAM'S COMMUNITY KIOSK LATELY?

- BOOK SWAP
- VILLAGE PROFILE, MAP & TRAIL
- LITTER PICK STATION
- SEED SHARE

W3W LOCATION:
///WINTERS.AIMLESS.DEPTH
WWW.PARHAM.SUFFOLK.CLOUD

Hacheston



Hacheston Village Hall is open for hiring.

The Petanque Courts at the Village Hall have been upgraded to improve their accessibility. All residents are welcome to use the Courts, but please make sure you close the gates afterwards to prevent the rabbits getting in.

Booking Clerk

Meryem Siemmond hachestonvillagehall@yahoo.com 07772 354492

Regular classes:

Monday

9.30-11.30 **Toddler Group** Sandra Poacher sandrapoacher@hotmail.co.uk

6.00 -7.30 **Yoga** Jo Ogden-King jokingy@hotmail.com 07855 755982

7.45-8.45 Guitar class Ivan Emeny ivan.emeny@gmail.com 07963329571

Tuesdays

8.30am – 3.30pm **NHS Cardio Rehab**

4.45pm –8.15pm **Ballet.** Anna Hartley admin@arschoolofdance.com 07740 769742

Wednesdays

9.45am-10.45am **Fitness dance** Cassie Drake cassiedrake1@hotmail.com 07956 351275

2.00pm–2.45pm; 4.30pm–
7.45pm **Ballet.** Anna Hartley admin@arschoolofdance.com 07740 769742

Thursdays

10.00am – 12.00pm **Art Club.** Lorna Edwards lornaed@hotmail.com 07971 077415

4.45pm – 8.15 pm **Karate.** Elizabeth Arvanitidou earvan120@gmail.com 07495 608475

Fridays

8.30am–1.00pm **Cardio rehab** with Jon Regester info@jonregester.co.uk 07941 303956

Hacheston



Hacheston Village Hall Events

Harvest Supper, Pie night

Friday 29th September

Village quiz night Friday 27th October

Christmas concert and festive celebration


Friday 15th December

HACHESTON OPEN MEETING

▶▶ INVITATION ◀◀

 Friday 22nd Sept

 From 7pm

 Hacheston Village
Hall

- With external agencies
- Please come and share your concerns and ideas



All Welcome
Snacks will be provided & the bar will be open

Working together to make Hacheston a safer place to live.

More Information: www.hacheston.suffolk.cloud
hachestonparishclerk@gmail.com

**Hacheston
All Saint's
Church
Flower
Rota**

**October
1st, 8th,
15th, 22nd
and 28th**

**Angela
Hurlock**

Marlesford



MARLESFORD BAKERS

For details of September's offers,
please contact Carol or Nan

(cooke299@icloud.com or nanwaterfall@gmail.com)

Orders must be received between 9am Monday Sep-
tember 4th and Wednesday September 6th at 5pm.

Collection in Marlesford church between 11.am - 12 noon
on Saturday 9th September

We are having a Macmillan Coffee Morning
on Saturday 30th September
from 10.30 to 12
at the Marlesford Community Centre,
Church Road, P13 0AT



Marlesford



BRING AND SHARE HARVEST SUPPER

On

Saturday 23rd September

At 7.00pm

In the Community Centre, Marlesford.

**Please bring a main course to share with others,
desserts will be provided.**

Bring your own drinks.

**To book your places and let us know what you
will bring, please contact:**

**Nan – 747038, e-mail
nanwaterfall@gmail.com**

**Carol – 747625, e-mail
cooke299@btinternet.com**

We need to know by 19th September.

Campsea Ashe



Campsea Ashe Village Hall AGM Monday 4th September 2023 7pm

New committee members and a treasurer needed to help take the hall, its car park and play area through its next refurbishment plans. It's a great asset for the village but it was built in 1947 and needs some improvements. Joining the committee is not as onerous as you might think, we are a good team and only meet up every couple of months. Come along to the AGM to find out more.

Kate Hayward (haywardkate25@gmail.com)

Tony from Campsea Ashe

Tony was born in Badingham, Suffolk on Sept 30th 1930. He remained a Suffolk boy all his life until he sadly passed away on 8th April 2023 at 92 years of age.

Tony had many jobs throughout his life mostly around agriculture/horsemanship in his early times, and then working at RAF Bentwaters until he retired.

Tony was a TRUE COUNTRYMAN and his family loved hearing all the stories and learning all the skills he had learnt that stood them in good stead for their own lives. He was a hard-working, meticulous man who if doing something it had to be done right, and this was shown in the beautiful gardens he kept immaculate at his home village of Campsea Ashe.

Tony was a real character of the local area, with many names affectionately given him, everyone knew the little chap in the hat and neckerchief from Ashe and the love and respect for him was shown by the full church at his funeral service at Campsea Ashe church in May.

Thanks to all who attended.



DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

We have just celebrated 75 years of the NHS and a recent report issued by the Health Foundation projects that by 2040, nearly one in five will be living with health conditions such as dementia and cancer. This means there could be 9.1 million people living with a major health condition by 2040, a 37% rise in the latest data from 2019. It goes without saying that this will have a significant impact on our NHS.

As a practising NHS hospital doctor, I am proud to work in a health service that delivers patient care which is free at the point of need, but as the NHS looks towards the future, it simply must transform. With an ageing population and more people living with major health conditions, the time has come for a more ambitious debate on what the health and social care system needs in order to continue to thrive and survive for the next 75 years, and beyond.

I think most of us would agree that if we were designing a health service from scratch today, it would need to look very different from the current model. The report from the Health Foundation cites that a radical shift is required, with more focus on care in the community, rather than in hospitals. Caring for people with chronic illnesses requires more effective community-based care and that means better integration of health and social care services.

Community care is all about supporting people to live the best lives possible – living independently for as long as is possible in their own homes. This means bringing together healthcare providers from across the NHS, community services, social prescribing and voluntary sector organisations. Delivering health and social care in this way supports people to stay well and independent and enables health care teams to act more quickly to help those with preventable conditions. It supports those living with long-term conditions or multiple needs, by pooling resources to deliver care as quickly and effectively as possible. This approach is something which I wholeheartedly support. That's why I was especially delighted to have been asked to open the newly refurbished Michael Burke Centre on the Hartismere Hospital site on Friday 21st July.



**This is an open invitation for you to join us at our
Celebration & Thanksgiving Service
on
Sunday 8th October 2023**

We are celebrating 25 years of offering a counselling service
and 30 years of providing training

**A Celebration & Thanksgiving Service will be held
at St. Matthew's Church in Ipswich**

Our service will be incorporated into the main service which will start at 10.00am.
We are very pleased to announce that Bishop Martin will be in attendance and will
re-commission Inspire and the team

Refreshments and cake will be served at the end of the service

As there is limited parking in the area,
St. Matthew's Church of England Primary School playground will be available for parking

We do hope that you will join us in celebrating our work serving
the local community and surrounding areas

As this is an open invitation, there is no need to reply

St. Matthew's Church
Portman Road, Ipswich, IP1 2AX

Inspire Counselling & Training
The Fletcher Centre, 2 Crescent Road, Ipswich, Suffolk, IP1 2EX
Telephone: 01473 217694

E-mail: contact@inspirecounselling.org.uk



A Gentle Reminder

The maximum number of words for articles is **400**, and the editorial team reserves the right to abridge longer articles in order to fit the size of the magazine.

Please Note: The opinions expressed by authors of articles in 'A Slice of Suffolk' are entirely those of the authors and do not necessarily reflect those of the editorial team. ' Thank you.

Advertising

**To advertise in 'A Slice of Suffolk' please contact
Nan Waterfall email: infoforSOS@gmail.com**

Size	One month	Three months	Six months	One year
Eighth page	£4	£11	£20	£35
Quarter page	£8	£22	£40	£70
Half page	£16	£40	£75	£140

The Deadline date for October 2023 magazine

19th September 2023.

Please send all articles and adverts to:

infoforSOS@gmail.com

Thank you.

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Tina on **077724 210862**



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CONTACT

Klaus Fortmann

kfconservationinteriors@gmail.com

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e. patrick@drimalost.co.uk

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Sun 10.00-4.00

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Tel 01728 724589

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Telephone: **07772 330351**

Email: jpftreeservices@outlook.com



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or parhamhallbookings@gmail.com

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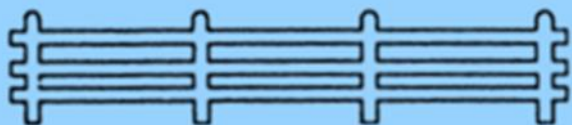
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